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|  | **LUNES** | **MARTES** | **MIÉRCOLES** | **JUEVES** | **VIERNES** |
| **10:00-11:00** | **YOGA IYENGAR** | **PILATES** | **YOGA IYENGAR** | **PILATES** | **YOGA P** |
| **11:00-12:00** | **PILATES** | **GIMNASIA MANTENIMIENTO** | **HATHA YOGA** | **GIMNASIA MANTENIMIENTO** | **PILATES** |
| **12:00-13:00** | **YOGA IYENGAR** | **HATHA YOGA** | **YOGA IYENGAR** | **HATHA YOGA** | **YOGA EMBARAZADAS** |
|  |  |  |  |  |  |
| **16:00-17:00** |  |  |  |  | **YOGA IYENGAR** |
| **17:00-18:00** |  |  |  |  |  |
| **18:00-19:00** |  |  | **YOGA NIÑOS** |  |  |
| **19:00-20:00** | **PILATES** | **PILATES (19:30)** | **PILATES** | **PILATES (19:30)** |  |
| **20:00-21:00** | **YOGA IYENGAR** | **YOGA IYENGAR (20:30)** | **YOGA IYENGAR** | **YOGA IYENGAR**  **(20:30)** |  |
| **21:00-22:00** | **HATHA YOGA** |  | **HATHA YOGA** |  |  |